

# Walking Out of Darkness

- Reducing the incidence of suicide
- Providing support for survivors
- Removing the stigma attached to emotional illness in our county.



ASAP TASK FORCE

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**Join us as we walk to let the community  
know that suicide is not okay!**

**But, it is okay to ask for help!**

**And... Help is available!**

Date: Saturday September 13, 2008

Time: 9am

Location: Old Courthouse in Jefferson